November						
11/2 - 11//6	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	
Week1						
BREAKFAST	Cold Cereal / Options	Bagel / cream cheese	Cold Cereal	French Toast Bites	Cold Cereal / Options	
	Fresh fruit	Boiled Eggs, hashbrown	Fresh fruit	Fresh fruit	Fresh fruit	
	Milk	Fresh fruit	Milk	Boiled Eggs	Milk	
		Milk		Milk		
LUNCH	Baked Spaghetti	Nachos W/ cheeses Sauce	Chicken Nuggets	Chicken Alfredo	Pizza	
	Succotosh	Black beans	Mashed potatoes / Corn	Garlic bread	Fresh broccol w/ ranch	
	Garlic bread	Fresh fruit	Roll	Carrots	Fruit	
	Fruit cup		Fruit cup	**Fruit**	Cookie	
	Milk	Milk	Milk	Milk	100% Fruit Juice	
11/9 - 11/13	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	
Week 2						
BREAKFAST	Cold Cereal	Grits/ bacon	Yogurt	French Toast / sausage	Cold Cereal / Options	
	Fresh fruit	Eggs, toast	Granola	Eggs	Fresh fruit	
	Milk	Fresh fruit	Fresh fruit	Fresh fruit	Milk	
		Milk	Milk	Milk		
LUNCH	Shepherd Pie	Taco Salad / Taco Tuesday	Baked Ckicken	Cheeseburger	Pizza	
	Roll	Corn	Green Beans	Lettuce/ Tomato	Carmel drizzled apples	
			Rice , roll	Tater tots		
	Fruit	Fruit	Fruit	Fruit		
	Milk	Milk	Milk	Milk	100% Fruit Juice	
11/16 - 11/20	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	
Week 3						
BREAKFAST	Cold Cereal	Bagel w/ cream cheese	Cold Cereal / Options	Oatmeal / Sausage	Muffin	
	Fresh fruit	Fresh fruit	Fresh fruit	Eggs	Fresh fruit	
	Milk	Boiled Eggs	Milk	Fresh fruit	Milk	
		Milk		Milk		
LUNCH	BBQ Chicken	Taco Tuesday	Chicken Sandwich	Mac & Cheese	Turkey	
	Baked beans	Lettuce / tomatoes	Lettuce/ / tomato	Broccoli	Stuffing	
	Rice	Southwest corn	Sweet potato fries	Fruit	Yams	
	Fruit	Fruit	Fruit	WG Roll	Mini sweet potato pie	
	Milk	Milk	Milk	Milk	100% Fruit Juice	
11/23 - 11/27	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	